

Good to Know

- All orders require 48 hours notice.
- Complementary compostable cutlery and plates are provided upon request.
- Recyclable serving utensils to dish out food from containers are available at \$2.25/piece.
- Combination of menus is not possible.
- Kindly note that catering menus are only available for groups of 8+.



JAMJAR
canteen

CATERING MENU

MENU 1

FEAST

\$44 per person

COLD MEZZE

Hummus VE
Muttabel VE
Muhammara *VE
Spinach Dip VE
Mint Labneh V
Olives & Feta Cheese V
Assorted Pickles VE

SALAD

Tabbouli *VE
Fattoush *VE
Cabbage Salad VE

HOT MEZZE

Falafel VE
Makali VE
Mujadra VE
Grilled Halloumi V
Chicken Tawouk
Lamb Sausage DF

SIDE DISHES

Brown Rice DF
Batata Harra DF

MENU 2

PARTY

\$38 per person

COLD MEZZE

Hummus VE
Muttabel VE
Muhammara *VE
Spinach Dip VE
Olives & Feta Cheese V
Assorted Pickles VE

SALAD

Fattoush *VE
Cabbage Salad VE

HOT MEZZE

Falafel VE
Makali VE
Mujadra VE
Chicken Tawouk
Lamb Sausage DF

SIDE DISHES

Brown Rice DF
Batata Harra DF

MENU 3

VEGETARIAN

\$28 per person

COLD MEZZE

Hummus VE
Muttabel VE
Muhammara *VE
Spinach Dip VE
Mint Labneh V
Olives & Feta Cheese V
Assorted Pickles VE

SALAD

Fattoush *VE
Cabbage Salad VE

HOT MEZZE

Falafel VE
Makali VE
Mujadra VE
Halloumi Cheese V

SIDE DISHES

Brown Rice DF

MENU 4

VEGAN

\$25 per person

COLD MEZZE

Hummus VE
Muttabel VE
Muhammara *VE
Spinach Dip VE
Mixed Olives VE
Assorted Pickles VE

SALAD

Cabbage Salad VE

HOT MEZZE

Falafel VE
Makali VE
Mujadra VE

SIDE DISHES

Brown Rice DF



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**Order
online**

jamjarcanteen.ca

For questions &
clarifications
please email
info@jam-jar.ca

  @jamjarcanteen

DESSERTS

Chocolate Rice Pudding VE \$5/125ml jar
Baklava VE \$12/tray of 12

Gluten Free Bread \$3.5

Menus come with one piece of pita / person

*All menu items are gluten free except
items marked**

V = VEGETARIAN VE = VEGAN DF = DAIRY FREE